

New Patient Medical Questionnaire

Today's Date

NAME DATE OF BIRTH SEX

ADDRESS

TEL NO

Mobile No

I consent to receiving general health information via text message and accept that it is my responsibility to let the surgery know if I change my mobile phone number.

Signed

I do / do not* consent to my medical information being shared with other departments within the NHS for on-going treatment purposes.

Signed * please delete as appropriate

Patient Information

Marital status: single / married / divorced / separated / widowed

Please list the names and ages of any children who live with you:

Do you have any communication needs? If so please specify.

Do you have a Carer or are you a Carer for someone?

Are you a Military Veteran or Ex-service personnel or currently serving in the armed forces?

.....
Who was your previous GP?

Please list any medication you are currently taking.

Are you allergic to any medication? If yes, please list

Please give details of any ongoing medical treatment

Please list any operations or **major** illnesses that you have had.

Are there any illnesses that you feel run in your family? If you are unsure, please list any illnesses or conditions suffered by your parents, brothers or sisters.

LIFESTYLE

Smoking status: never smoked / ex-smoker / current smoker (cigarettes/pipe/cigars)
Number of cigarettes smoked per day

Alcohol consumption: approx units per week
(one unit = half pint normal strength beer, small glass wine, one measure spirits)

Do you exercise regularly? Yes/No

Do you feel you eat a healthy diet? Yes / No

Occupation:-

We would like to record your ethnicity. This can be helpful in understanding the pattern of certain diseases. Please tick one of the boxes below:

Black Caribbean	9S2..	
Black African	9S3..	
Black – other	9SG..	
Chinese	9S9..	
Indian	9S6..	
Pakistani	9S7..	
Bangladeshi	9S8..	
Asian – other	9SH..	
White British	9S10.	
White Irish	9S11.	
White – other	9S12.	
Asian & White	9SB2.	
Black Caribbean & White	9SB5.	
Black & African White	9SB6.	
Other mixed ethnicity	9SB4.	
Other ethnic group	9SJ..	
If you do not want your ethnicity recorded, please tick here		9SJ..

Main spoken language

This section is to be completed by our Health Care Professional

Height: metres
Weight: kg

Blood Pressure

WTU:

Are this patient's immunisations up to date?

Routine childhood immunisations:	Yes / No
Tetanus:	Yes / No
Will this patient require a yearly flu vaccine?	Yes / No

FEMALE PATIENTS

Please record contraceptive arrangements.

Date of last smear:

Was this last smear normal?

ALMA MEDICAL CENTRE
Nolan Place
Stockton
TS18 2BP
Telephone 01642 607248
Fax 01642 612968

We are delighted that you have chosen to register for general medical services with our practice. Before you complete the registration process it is important that you are aware of the following practice policies and are willing to agree to them.

1. Patients will take full responsibility for any medication prescribed. Controlled drugs will not be replaced if lost.
2. The Practice has a zero tolerance policy and abuse to staff will not be accepted and if necessary will be reported to the police. We will treat you with respect and in return we expect you to treat us with respect.
3. If there is a breakdown in communication between yourself and members of the Practice team were the partners deem necessary you will be asked to change practices.

Thank you for taking the time to read this information and willing to comply with these terms. Please sign below to complete your registration process.

Signed.....

Print Name.....

Date.....

As a practice we would like to make sure you are aware of the ways in which your data may be shared with other organisations. As a patient there are three important decisions to make regarding consent to sharing information.

Decision One – Summary Care Record

NHS England have introduced the Summary Care Record, which will be used in emergency care. This record information regarding current Medications and any allergies you have had in the past. Several years ago the Department of Health sent a letter to every patient at that time the patient had the option to complete an Opt out form if there were unhappy about this. If you opted out at that time a record was made on your computer medical records and is valid today (Leaflet Summary Care Record – your emergency care summary is available at reception).

Decision Two – eDSM

Enhanced Data Sharing Model . This is a new concept of Stockton, but has been trialled successfully in Middlesbrough. This means that your GP medical records can be viewed by other NHS health professionals (example District Nursing Team). When you engage with a service that is able to view your information you will be asked if you agree to them viewing your medical information and that you are happy for us to view the information they input. If you agree we can see what treatment the service has initiated, if you do not then we will not be able to see the information they have written (Leaflet-your electronic record sharing of information is available at reception).

Decision Three – General Practice Extraction Service

This enables us to share statistical information with other NHS organisation, this information is completely anonymous and will not contain any demographic or identifiable data.

The practice policy is that patients registered with us agree to these sharing models. If you are happy about sharing of your information you do not have to do anything.

If you are not happy about sharing your data and wish to opt out of any one of these models or all three can you complete the form below and return to the surgery.

I would like to opt out of (PLEASE TICK WHICH MODEL YOU WOULD LIKE TO OPT OUT OF)

The Summary Care Record

The enhanced Data Sharing Model

The General Practice Extraction Service

Name.....

Date of Birth.....

Date of opt out.....

Please email your completed form to HSTCCG.amc@nhs.net or hand into reception

Thank you for your co-operation.

ALMA MEDICAL CENTRE

Patient Online registration form Access to GP online services

Surname			
First name			
Date of birth			
Address			
Postcode			
Email address			
Telephone number		Mobile number	

I wish to have access to the following online services (tick all that apply):

1. Booking appointments	<input type="checkbox"/>
2. Requesting repeat prescriptions	<input type="checkbox"/>
3. Accessing my medical record	<input type="checkbox"/>

Application for online access to my medical record

I wish to access my medical record online and understand and agree with each statement (please tick)

1. I have read and understood the information on the reverse of this form	<input type="checkbox"/>
2. I will be responsible for the security of the information that I see or download	<input type="checkbox"/>
3. If I choose to share my information with anyone else, this is at my own risk	<input type="checkbox"/>
4. I will contact the practice as soon as possible if I suspect that my account has been accessed by someone without my agreement	<input type="checkbox"/>
5. If I see information in my record that it not about me, or is inaccurate I will log out immediately and contact the practice as soon as possible	<input type="checkbox"/>

Signature		Date	
-----------	--	------	--

For practice use only

Identity verified through (tick all that apply)	Vouching <input type="checkbox"/> Vouching with information in record <input type="checkbox"/> Photo ID <input type="checkbox"/> Proof of residence <input type="checkbox"/>	Name of verifier	Date
Name of person who authorised (if applicable)			Date

Important Information – Please read before returning this form

If you wish to, you can now use the internet to book appointments with a GP, request repeat prescriptions for any medications you take regularly and look at your medical record online. You can also still use the telephone or call in to the surgery for any of these services as well. It's your choice.

It will be your responsibility to keep your login details and password safe and secure. If you know or suspect that your record has been accessed by someone that you have not agreed should see it, then you should change your password immediately.

If you can't do this for some reason, we recommend that you contact the practice so that they can remove online access until you are able to reset your password.

If you print out any information from your record, it is also your responsibility to keep this secure. If you are at all worried about keeping printed copies safe, we recommend that you do not make copies at all.

Before you apply for online access to your record, there are some other things to consider.

Although the chances of any of these things happening are very small, you will be asked that you have read and understood the following before you are given login details.

Forgotten history

There may be something you have forgotten about in your record that you might find upsetting.

Abnormal results or bad news

If your GP has given you access to test results or letters, you may see something that you find upsetting to you. This may occur before you have spoken to your doctor or while the surgery is closed and you cannot contact them.

Choosing to share your information with someone

It's up to you whether or not you share your information with others – perhaps family members or carers. It's your choice, but also your responsibility to keep the information safe and secure.

Coercion

If you think you may be pressured into revealing details from your patient record to someone else against your will, it is best that you do not register for access at this time.

Misunderstood information

Your medical record is designed to be used by clinical professionals to ensure that you receive the best possible care. Some of the information within your medical record may be highly technical, written by specialists and not easily understood. If you require further clarification, please contact the surgery for a clearer explanation.

Information about someone else

If you spot something in the record that is not about you or notice any other errors, please log out of the system immediately and contact the practice as soon as possible.

More information

For more information about keeping your healthcare records safe and secure please visit our website www.almamedicalcentre.co.uk

YOU CAN CHOOSE WHETHER YOUR CONFIDENTIAL PATIENT INFORMATION IS USED FOR RESEARCH AND PLANNING

HOW YOUR DATA IS USED

Your health and care information is used to improve your individual care. It is also used to help us research new treatments, decide where to put BP clinics and plan for the number of doctors and nurses in your local hospital. Wherever possible we try to use patient data that does not identify you, but sometimes it is necessary to use your confidential patient information.

WHAT IS CONFIDENTIAL PATIENT INFORMATION?

Confidential patient information identifies you and says something about your health, care or treatment. You would expect this information to be kept private. Information that only identifies you, like your name and address is not considered confidential patient information and may still be used for example, to contact you if your GP practice is merging with another.

WHO CAN USE YOUR CONFIDENTIAL PATIENT INFORMATION FOR RESEARCH AND PLANNING

It is used by the NHS, local authorities, university and hospital researchers, medical colleges and pharmaceutical companies researching new treatments.

MAKING YOUR DATA OPT-OUT-CHOICE

You can choose to OPT out of sharing your confidential patient information for research and planning. There may still be times when your confidential patient information is used for example, during an epidemic where there might be a risk to you or to other people's health. You can also still consent to take part in specific research project.

WILL CHOOSING TO OPT-OUT AFFECT YOUR CARE AND TREATMENT?

No, your confidential patient information will still be used for your individual care. Choosing to opt out will not affect your care and treatment. You will still be invited for screening services, such as screenings for bowel cancer.

WHAT SHOULD YOU DO NEXT?

You do not need to do anything if you are happy about how your confidential patient information is used.

If you do not want your confidential patient information to be used for research and planning, you can choose to opt out securely online or through a telephone service.

YOU CAN CHANGE YOUR CHOICE AT ANY TIME.

TO FIND OUT MORE OR TO MAKE YOUR CHOICE VISIT [NHS.UK/YOUR-NHS-DATA-MATTERS](https://www.nhs.uk/your-nhs-data-matters) OR CALL
0300 303 5678.

ALMA MEDICAL CENTRE

Telephone: (01642) 607 248
Fax: (01642) 612 968

Alma Medical Practice
Nolan Place
Stockton
TS18 2BP

Sleeping tablet and Benzodiazepine policy

In conjunction with advice from NICE and our local Medicines Management Team, and in line with current good medical practice, Alma Medical Practice is unable to continue to prescribe long term prescriptions for sleeping tablets [zopiclone, temazepam etc] or benzodiazepine [diazepam (Valium) etc].

This means that we will not be commencing patients [or new patients] on any of these drugs. If you are already on these drugs, you may be supported through a quick withdrawal, but long term prescriptions will not be provided.

We will be working with our current small number of patients who are taking such medication to support and facilitate their withdrawal where possible and appropriate.

This is because:

- With time the body adapts to these drugs and they become less effective [tolerance develops] but side effects remain the same.
- Taking them for long periods can worsen anxiety and clumsiness
- These drugs may cause drowsiness, clumsiness and confusion. You may not be safe to drive or operate machinery and the DVLA should be informed as there is an increased risk of road accidents.
- They may lead to falls [and fractures] particularly in elderly people
- They may cause poor concentration, forgetfulness and problems with memory. This may be mistaken for dementia, and indeed they may contribute to dementia
- These drugs are addictive.
- Indeed the benzodiazepines are now classified as "Controlled drugs" by the licensing authorities due to concerns about their safety.

We realise that some patients may struggle to stop or withdraw from their sleeping tablets and benzodiazepines, but as responsible prescribers, we do not feel it is safe to continue to issue the medications without check. If you have any queries or concerns, please contact the practice pharmacist or contact the practice to make a telephone appointment with your usual GP.

Yours faithfully

All GP Partners